



PRELIMINARY PROGRAM

Wednesday, November 14th

- 13h30 Registration/ Secretariat Opening
- 14h00 Symposium 1
- 14h45 **Round Table 1 | Emerging Pathomechanisms**
- Microbiome signature
 - Sleep pattern: quality and duration
 - Role of xenobiotics and endocrine disruptors
- Conceição Calhau (Porto, Portugal)*
- 16h00 **Coffee-Break | E-Posters**
- 16h30 **Plenary Session: Obesity – an energy crisis**
- 17h30 **Opening Ceremony**
- 18h30 **Networking Cocktail**

Thursday, November 15th

- 08h00 **Oral Presentations 1|2|3**
- 09h00 Symposium 2
- 09h45 **Round Table 2 | “Novel” diets**
- Nutraceutical: is there any support for recommendation?
 - Rich fructose diets: the bad wolf?
 - “Anti-inflammatory diet”: where are we?
- Renata Barros (Porto, Portugal)**
- 11h00 **Coffee Break | E-Posters**



Thursday, November 15th

- 11h30 **Round Table 3 | Cell metabolism dysfunction: could it be improved?**
- Probiotics
 - Vitamin D
 - Antioxidants
- 12h45 **Lunch**
- 14h00 **Round Table 4 | Football is medicine**
- Cardiovascular comorbidity reduction
Peter Krustup (Denmark)
 - Skeletal muscle adaptations
 - As a motivation factor
- 15h15 **Round Table 5 | Obesity-related behaviors**
- New technologies in obesity intervention
 - Parent feeding behaviors and child appetite
 - Eating disorders and obesity
- 16h30 **Coffee Break | E-Posters**
- 17h00 –
18h30 **Round Table 6 – T2DM**
- Progression
 - Prevalence
 - Treatment
- 20h00 **Congress Dinner** (Optional)

Friday, November 16th

- 08h00 **Oral Presentations 4 | 5 | 6**
- 09h00 **Symposium 3**
- 09h45 **Round Table 7 | EASO Guidelines (TBC)**
- 11h00 **Coffee Break | E-Posters**



Friday, November 16th

- 11h30 **Round Table 8 | First Middle East Satellite Symposium**
- Thinking prevention big: ending childhood obesity zones in arab countries
Peter Bergsten (Sweden), **Daniel Weghuber** (Salzburg, Austria)
- 12h45 Lunch
- 14h00 **Round Table 9 | Hidden Comorbidities**
- The kidney
 - The liver
 - The lung
- 15h15 **Discussion Groups | The obese adolescent**
- How to manage?
 - What are the goals?
 - When bariatric surgery
- 16h45 **Farewell Porto and Awards Ceremony**
- 17h15 - 18h00 ECOG General Assembly

Saturday, November 17th

- 08h00 - 19h00 **Curso Avançado em Obesidade Infanto-Juvenil (*In Portuguese*)**
Prof. Dr. Carlos Alberto Nogueira de Almeida (**USP Ribeirão Preto, Brasil**)