33rd International Medical Forum

SINO-LUSO

Resolving Emerging Global Healthcare Problems and Advances in Medicine

SEPTEMBER 3-4, 2016
Ordem dos Médicos, Porto
Welcome Letter

The International Sino-Luso Medical Forum (in its 33rd Edition) will take place in Porto, Portugal. This is the first time that the Forum happens in Portugal, as a result of the initiative of its President, Prof. Manson Fok.

This Congress, gathers the scientific communities from China and from the Portuguese speaking countries, and is opened to all medical staff interested in its scientific program.

The Organization of the Forum (its President, the Ordem dos Médicos and the Prof. Ernesto Morais Foundation) are thus extremely pleased to present the scientific program for all the interested.

Henrique Morais
President of the Prof. Ernesto de Morais Foundation

Presidency

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Prof. Manson Fok (MUST)

Vice-Presidents
Dr. Billy Chan (MUST)
Prof. Dr. José M. Silva (OM)
Dr. José M. Morais (FPEM)

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Prof. Dr. Manuel Sobrinho Simões (IPATIMUP)

Dra. Helena Alves (INSRJ)
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Prof. Dr. José Fragata (HSM)
Dr. Miguel Guimarães (SRN - OM)
Prof. Gregory Cheng (MUST)
Dr. Vitor Ribeiro (HBN)
Prof. Dr. Miguel M. Saraiva (HCP)
Dr. Carlos Cortes (SRC - OM)
Prof. Niv Patil (UHK)
Dr. Jaime Mendes (SRS - OM)
MBBS(HK), FRCS(Edinb), FCSHK, FHKAM(Surgery)
Prof. Manson Fok completed his medical training at Department of Surgery, The University of Hong Kong at Queen Mary Hospital, Queen Elizabeth Hospital, Grantham Hospital and Tung Wah Hospital.
Prof. Fok obtained his Fellowship of Royal College of Surgeons (Edinburgh) in 1986. Prof. Fok is a specialist in General Surgery, his areas of interest include minimally invasive surgery for the treatment of esophageal, upper gastrointestinal tract cancers and vascular diseases.
Prof. Manson Fok has also authored over 45 publications in international medical journals and over 10 book chapters in the specialty and lectured widely in People’s Republic of China.
Prof. Fok has extensive administrative experience and is currently the Dean, Faculty of Health Sciences at Macau University Science & Technology, and President of the University Hospital and executive board member of several Foundations, professional committees and Medical Associations, as well as director to a several family-related companies.

Dr. Billy C. Chan is currently the Director of Center of Excellence for Medical Professional Development, Executive Assistant to Dean of Health Sciences, at Macao University of Science and Technology. He is the Vice Chairman of Advisory Board at the Macau Healthcare Promotion and Management Association. In this latter role as co-founder the of Sino-Luso International Medical Forum series, which has trained Macau’s healthcare workers with world-class doctors since 2011 subsequently established Sino-Asia Pacific Medical Forum as signatory of Joint Communiqué with 19 other countries. He was elected as the Chief Executive Officer of Macau Virtual Reality Techniques Association and also an Adjunct Lecturer at The 3rd Military University in Chongqing, PRC. Dr. Billy Chan serves as the Vice President of Gusi Peace Prize International, and also the Member of Macau Digestive Endoscopy Society.
Dr. Shirley Shi is the Director of the General Head Office of The Chinese Medical Doctor Association (CDMA) is a non-profit organization founded in 2002. This organization is recognized by the Ministry of Civil Affairs of People’s Republic of China Ministry as a primary level national association. CDMA is organized under the Medical Practitioners Act 1999. It has been developing as the largest and most influential medical association in China today for now since it started. Under this organization there are 26 local associations, 39 specialty sub-associations, five special committees and 18 medical publications, there are totally 2.5 million strong members under the strong leadership of Prof Zhang Yinlin, the immediate past Health Minister of PLA.

Professor N. G. (Niv) Patil is currently a Professor of Surgery at Centre for Education & Training at the Department of Surgery; and Assistant Dean (Education Affairs) at Li Ka Shing Faculty of Medicine, The University of Hong Kong. Consultant of Faculty of Health Sciences, Macau University of Science and Technology. He has been a surgeon and medical educator in India, UK and Papua New Guinea before shifting to Hong Kong in 1992. He was awarded MBE (Member of British Empire) for his outstanding services to people of Papua New Guinea.

Dr. Zhang Junhua is the Deputy Director-General, Health Human Resources Development Center, National Health and Family Planning Commission of People’s Republic of China (formerly the Ministry of Health). The Health Human Resources Development Center of the Ministry of Health (referred to as HHRDC) was established in December 1998 with the approval and support from the Office of Central Institutional Organization Commission. Since its establishment, HHRDC has been devoting all its efforts to the development and management of human resources for health under the direct leadership of the Ministry of Health NHFPC.
Dr. Gregory Cheng is the distinguished professor at Faculty of Health Sciences, Macau University of Science and Technology.

Best Teacher Awards:
- Vice-Chancellor’s Exemplary Teaching Award (CUHK) (2001, 2005)
- Master Teacher (CUHK) (2005)

Dr. Cheng is the council member of Hong Kong Association of Blood Transfusion & Haematology and Leukaemia Patient Support Group.

Special Research Interest: Immune thrombocytopenia, Leukemia, Myelodysplastic syndrome and Thrombosis, Transfusion medicine.

His patents included, Transfusion wristband to improve transfusion safety, etc.

Dr. Yun Fee LAI is currently Plastic Surgery Consultant Chief of Macao Government Hospital since September 2010. He performed many trauma cases, hand and facial traumas, made several hand replantations, burns, with many experience and conferences about giant breast reductions, reduced vertical scars and periareolar mamoplasties, morbid obesity surgeries, and study and research in sleep breathing disorders and anti-aging, which is a new global concept of aging process based in inflammatory hormones as the cause of pathological aging.

Prof. Kent Man CHU is the Clinical Professor of the School of Medicine, Hong Kong University. Prof. Chu is the current honorary consultant of the department of surgery at the Queen Mary Hospital, current executive council member of Hong Kong Upper Gastrointestinal Surgeons as well as the council member of the Hong Kong College of Surgeons.
Professor José Fragata did his medical – surgical education in Portugal and in the UK, where he has followed all steps, from junior to consultant. He got his MD in 1976, from the Faculty of Medicine, University of Lisbon, and has completed the State Board Exams in Cardiothoracic Surgery in 1986. In 1992 he obtained his PhD in Medicine and by 1993, his professor degree in Cardiothoracic Surgery, at the Nova Medical School, Universidade Nova. In 1999 he became Fellow of the European Board of Thoracic and Cardiovascular Surgeons – “FETCS” and more recently, of the Society of Thoracic Surgeons (USA) and of the European Society of Cardiology – “FESC”.

In 2007 he was appointed head of the Cardiothoracic Department at Santa Marta’s Hospital in Lisbon, and has, since, become Full Professor of Surgery at NOVA Medical School. Since 2016 he became Chairman, Cardiovascular & Lung Department at Santa Marta Hospital.

Prof. José Fragata is Chief of Cardiac Surgery at Hospitais Cuf in Lisbon, and holds responsibilities as clinical advisor at José de Mello Saúde. Professor José Fragata is corresponding Member for the Portuguese Academy of Medicine and was elected member to the NOVA UNIVERSITY General Board Council.

Executive Director at iMM Lisboa since 2014
PhD (1998) in Molecular Parasitology at University College London, UK
Post-doctoral research at New York University Medical Center, USA (1999-2001)
Principal Investigator at Instituto Gulbenkian de Ciência, Oeiras (2002-2005)
Professor at the Faculdade de Medicina da Universidade de Lisboa (since 2005)
European Science Foundation Young Investigator (2004-2009)
International Research Scholar Howard Hughes Medical Institute, USA (2005-2010)
Dr. Francis Mégraud is Professor of Bacteriology at the University of Bordeaux, Head of the Laboratory of Bacteriology at Hospital Pellegrin, Bordeaux, France and Member of the INSERM U1053. He is the Head of the National Reference Center for Campylobacters & Helicobacters in France and one of the founding members and current secretary of the European Helicobacter & Microbiota Study Group. He has been involved in the EHMSG yearly Workshops since 1988 and participated in most of the CHRO conferences. He was Project leader of the Biomed programme of the EC: Eurohepygast and later involved in the INCA programme of the EU. He was Head of the INSERM U853 from 2004 to 2015. He served the Scientific Committee of The National Institute for Health Surveillance in France, and the Scientific Committee of the United European Gastroenterology Federation. His interest for Campylobacters & Helicobacter pylori dates back to the early days after the discovery of these bacteria. He has been involved in epidemiological studies and clinical trials of H. pylori eradication. His main current interests are the role of H. pylori in gastric cancer and antimicrobial resistance. Pubmed: 427. H index: 67.

Mário Dinis-Ribeiro is the head of the gastroenterology department in the Portuguese Oncology Institute of Porto, invited full professor and research group leader at the Faculty of Medicine of University of Porto. His clinical, educational and research interests are focused in the early detection and management of gastrointestinal tumors. Being PI in diverse projects, he published over 150 manuscripts with a Hi of 25. He is the co-editor-in-chief of the journal Endoscopy (since 2013), vice-president of the Portuguese Society of Digestive Endoscopy (since 2011) and was recently elected for the term 2016-2018, President-Elect of Gastrointestinal Endoscopy (ESGE).
José Manuel Carvalho Morais was born in Porto, Portugal on April 17th 1946. He finished high-school in Porto’s D. Manuel II and graduated Medicine at the Porto University Faculty of Medicine. After graduation, Dr. Jose Manuel majored (specialization and post-graduation) clinical pathology and he also lectured, as an assistant professor, Microbiology at Porto’s Abel Salazar Bio-medicine Institute (Instituto de Ciencias Biomedicas Abel Salazar - ICBAS).
Dr. Jose Manuel Carvalho Morais was a founding partner of Porto's Health Biotechnology School and he spent a significant portion of his medical career at Porto’s D. Pedro V Military Hospital.
Dr. Jose Manuel Carvalho Morais is the Managing Director of the Prof. Ernesto Morais's Clinical Pathology Laboratory.
Since 1st August 2013 was appointed Technical Director of Dr. Carlos da Silva Torres, SA Unilabs Company Laboratorial Medicine.
He is the founder of the Professor Ernesto Morais Foundation.

Inês C. Gonçalves (IG) is a Microbiologist with PhD in Biomedical Engineering (Faculty Engineering, Univ. Porto), developing the thesis at INEB (Porto) and UWEB (Seattle) on biomaterials for blood contact. Between 2010 and 2013 was Post-Doc at INEB and IPATIMUP, developing glycosylated microspheres to fight gastric infection caused by Helicobacter pylori. In 2013 was hired as Investigator at INEB, exploring biomaterials to control infection. Since 2010 is also Invited Professor at FEUP and ICBAS.
IG authored >20 papers in international journals (H index=11), filled 1 international patent, presented >50 oral/poster communications in international conferences, co-organized 9 national/international conferences, and was recognized with 6 national/international awards, including prestigious "Pulido Valente 2006" and "Medal of Honor L'Oreal for Women in Science 2013".
Paul Ferrinho, MD, is a Prof. with Aggregation in Health Systems in the Institute of Hygiene and Tropical Medicine, in the New University of Lisbon, where he is also Director. He is also Director of the FCT Centre of Excellence, Global Health and Tropical Medicine; vice-president of the European Federation of Tropical Medicine Societies; board member of the International Federation; technical advisor of the Community of Portuguese Language Countries, observer member of the Board of Directors of the Research Program in Tropical Diseases of the World Health Organization. At the General Health Directorate he has held the positions of Head of Division, Director of Services and Deputy General Director. He coordinated the technical team that developed the National Health Plan (2004-2010) and was co-coordinated the team that began to prepare the Health Plan of Portugal for 2011-2016. He participated in the coordination of the last two Portuguese EU presidencies.

Prof. Céu Figueiredo, is a Principal Investigator at i3S/Ipatimup and a Professor at the Faculty of Medicine of the University of Porto. Her research has been dedicated to the pathogenesis of Helicobacter pylori, namely the clinical relevance of H. pylori virulence factors, and the interaction between bacterial virulence factors and human genetic susceptibility to gastric cancer. More recently, she became interested in the role of the gastric microbiota in cancer development. She has published over 85 papers and five book chapters, and her research work has been cited more than 4000 times. She has coordinated/participated in national and international projects funded by the Foundation for Science and Technology, Agency for Innovation, Ministry of Health, European Commission, ERA-NET Pathogenomics, and Worldwide Cancer Research.
Henrique Barros graduated in Medicine in 1981 and teaches at the School of Medicine of Porto University (FMUP). He was research fellow at the Internal Medicine department of Lund University Hospital. In 1991 became Gastroenterology specialist and finished his PhD, with a research in the epidemiology of viral hepatitis. He is Full Professor of Epidemiology and he led the organization of the Master Programs in Public Health (coordinator), Epidemiology, Health Education and Sociology and Health, as well as the doctoral program in Public Health at the University of Porto and the doctoral program in Global Public Health, a joint program with Nova University of Lisbon. He has developed research in national and international projects, in areas such as clinical and perinatal epidemiology, cardiovascular, infectious and cancer diseases, which resulted in (co) authorship of scientific publications in international journals. He is editor of the journal Arquivos de Medicina, and member of the Editorial Board of the European Journal of Epidemiology. He was member of the Scientific Council for Health Sciences Foundation for Science and. He was National Coordinator for Infection HIV/AIDS. Currently, he is the President of the Institute of Public Health, University of Porto, member of the Executive Commission of the National Ethical Committee for Clinical Investigation (CEIC) and member of the Medical Sciences (MED) Scientific Committee of Science Europe. He was President of Portuguese Association of Epidemiology and is President-Elect of the International Epidemiological Association (2014-17).

Head of Gastroenterology Department, CUF Hospitals, Porto.
Director, ManopH - Digestive Motility and Endoscopy Lab, Oporto.
External Professor - Instituto de Ciencias Biomédicas de Abel Salazar - Porto.
Past President - Portuguese Society of Coloproctology, Smal Bowel Diseases and Neurogastroenterology Groups (Portuguese Society of Gastroenterology)
Dr. Luís Gomes Sambo is the current Minister of Health of Angola; invited Professor of Global Health at the Institute of Hygiene and Tropical Medicine of Lisbon, Universidade Nova de Lisboa; invited Professor of Public Health at the University Agostinho Neto in Luanda; and Regional Director Emeritus of the World Health Organization for Africa. He obtained a degree in medicine in 1977 from the Faculty of Medicine of the University of Angola, afterwards certified by the University Nova de Lisboa in Portugal. He holds a Diploma of Medical Doctor, specialist in Public Health by the Portuguese Medical Association and a PhD degree in Management – Systems Science by the University of Hull, UK. He started his career in 1977 as District Medical Officer in Cacuaco, Province of Luanda and served as Director of Health Services in the province of Cabinda from 1978 and 1980, and as Director of International Cooperation at the Ministry of Health in Luanda from 1981 and 1983. Dr Sambo served five years as Vice Minister of Health from 1983 and as Secretary of State for Health in 2015/2016. He joined World Health Organization in 1989 as Chief of the Inter-Country Strategic Support Team in Harare, Zimbabwe. In 1990, he was assigned to Guinea Bissau as WHO Country Representative.

Dr. José Manuel Silva


Dr. Luís Gomes Sambo
He was re-assigned to the Regional Office in Brazzaville in 1994 as head of the Unit in charge of coordinating the implementation of Health-For-All Strategy. In 1996 he served as Director of the Division of Health Services Development at the Regional Office. In 1998, he was appointed Director of Programme Management at the Regional Office for Africa. In 2004 he was elected Regional Director for Africa of the World Health Organization and re-elected in 2009 for a second five years term.
Gastric diseases: West meets East  
*Doenças gástricas: O Ocidente encontra-se com o Oriente*

Chairs: Manson Fok (MUST) & Miguel Mascarenhas-Saraiva  
(Hospital CUF Porto)

**Early gastric cancer**  
*Cancro gástrico precoce*

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**08:30** Helicobacter Pylori infection: from gastritis to gastric cancer  
*Infeção por Helicobacter Pylori: da gastrite ao cancro gástrico*

Céu Figueiredo (IPATIMUP)

**09:00** Early diagnosis and endoscopic management  
*Diagnóstico precoce e tratamento endoscópico*

Mário Dinis-Ribeiro (IPO Porto)

**09:30** Screening and surgical options - eastern perspective  
*Diagnóstico e opções cirúrgicas: perspectiva oriental*

Kent Man Chu (University of Hong Kong)

**10:00** Coffee Break

**10:30** Opening addresses  
*Sessão de abertura*

Manson Fok, José Manuel Silva, José Manuel Morais

**11:00** Developing glycosylated mucoadhesive microspheres to eliminate gastric infection caused by Helicobacter Pylori  
*O desenvolvimento de microesferas glicosadas mucoadesivas com o objetivo de eliminação da infeção gástrica causada pela Helicobacter Pylori*

Inês Gonçalves (I3S/INEB)

**11:30** Helicobacter Pylori: where are we now?  
*Helicobacter Pylori: o estado da arte*

Francis Megraud (University of Bordeaux)
11:50 Gastroesophageal diseases: discussion and closing remarques
Doenças gastroesofágicas: discussão e considerações finais

12:30 Chronic inflammation, aging and surgery - a new global perspective
Inflamação crónica, envelhecimento e cirurgia – uma nova perspectiva
Lai Yun Fee (Macao Government Hospital)

SUNDAY - SEPTEMBER 4, 2016

08:30 My view of chinese traditional medicine as western physician
A minha visão enquanto médico ocidental sobre as terapêuticas tradicionais chinesas
Gregory Cheng (MUST)

09:00 Session I - Chronic diseases in global health
Sessão I – Doenças crónicas na saúde global

China healthcare
O sistema de saúde na China
Shirley Shi (Chinese Medical Doctors Association)

The development of human resources for health and challenges in China
O desenvolvimento dos recursos humanos na área da saúde e os seus desafios na China
Zhang Junhua (Ministry of Health, PRC)

Cardiovascular diseases
Doenças Cardiovasculares e Saúde Global
José Fragata (HSM)

Discussion
Discussão

10:00 Coffee Break
Session II – Global Health: Challenges in Global Health for the XXI century
Sessão II – Saúde Global – Desafios para o século XXI

Translational and clinical science - Impacts for global health, the example of malaria and parasitic diseases
Ciência clínica e translational – Impactos na saúde global, o exemplo da malária e das doenças parasitárias
Maria Mota (IMM)

Linking of health education to healthcare in rural locations to specialised centres
Ligando a educação em saúde e a saúde em áreas rurais aos centros especializados
Niv Patil (MBE)

Premature death, quality of life and health care indicators relevant to global health
A morte prematura, a qualidade de vida e os indicadores de cuidados de saúde com relevo para a saúde global
Paulo Ferrinho (IMT)

HIV & AIDS a major global health issue – barriers and conquests
HIV & SIDA um problema de saúde mundial – Barreiras e Conquistas
Henrique de Barros (FMUP)

Discussion
Discussão

Closing conference: Global health - Society, Economy and Solidarity
Cerimónia de encerramento: Saúde global – Sociedade, Economia e Solidariedade
Luís Sambo (Ministry of Health in Angola, Cátedra Gulbenkian/NOVA/IMT)
Chair: Paulo Ferrinho (IMT)

Final closing & Adjourn
Encerramento